

# THE GAME PLAN

## 10 COMMITMENTS FOR SUCCESS

- 1 Have a Get Started Right Interview with Your Upline (24-48 hours from sign-up)**
  - > Identify your Why and set your goals
  - > Get connected
  - > Create an action plan
- 2 Commit to Your Beachbody® Fitness & Nutrition Program**
  - > Be a product of the product
- 3 Commit to at Least Two Exposures a Day**
  - > Use Team Beachbody 3<sup>rd</sup> Party Tools
  - > Retail and recruit
  - > Local and long distance
- 4 Attend One Local Event a Week**
  - > Beachbody Briefing, Beachbody Home Party, Trainings
- 5 Attend All Team Beachbody® Corporate Events**
  - > Regional and National
- 6 Treat Your Team Beachbody Business Like a Business**
  - > Manage your time to maximize productivity
  - > Work your daily plan
  - > Stay in Phase One
- 7 Apply the Laws of Duplication**
  - > Learn, do, teach, repeat
  - > Be system dependent
- 8 Commit to Personal Development**
  - > Program yourself for success
  - > Read books, listen to audio CDs, attend classes
- 9 Find a Success Partner**
  - > Someone who will help you achieve more
- 10 Be Here a Year from Now**
  - > And commit to following The Game Plan