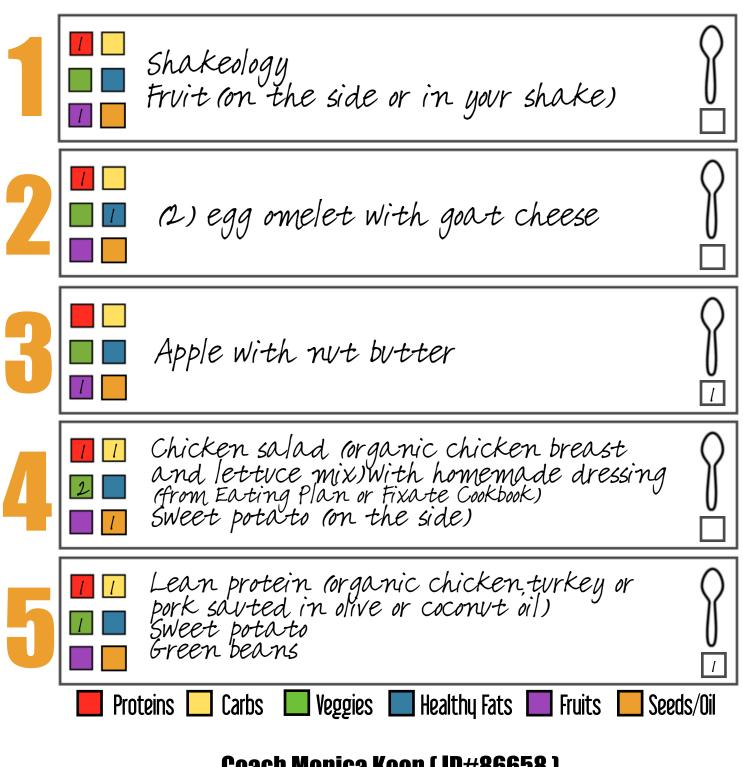


## 21 day fix daily meal planner

calorie target: <u>1200 to 1499</u> day of the week: <u>1</u>



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